

# DYNAMIC

## --- Basics ---

### LEADERS GUIDE

You have the rewarding opportunity of helping to establish a young Christian's faith and walk in Jesus Christ. As they begin **"A New Life"**, you will have the joy of seeing them grow toward maturity and become a true disciple of Jesus Christ. This is one of the most important ministries you can have because it is at the very heart of the Great Commission. In Matthew 28:18-20 it says that we are to **"go and make disciples"**. It goes on to say how we make disciples – **"teaching them to obey everything I have commanded you"**. Christ Himself has authorized your ministry and He has promised to be there to empower you.

The Apostle Paul states this in Colossians 1:28,29

***"We proclaim him, admonishing and teaching everyone with all wisdom, so that we may present everyone perfect in Christ. To this end I labour, struggling with all His energy, which so powerfully works in me."***

Our part is to be diligent in teaching and training our disciples. God's part is to empower us and to cause growth in the disciple. He will use us as we faithfully do our part.

### GOALS FOR EFFECTIVE FOLLOW-UP

You will be effective in your times together with this young Christian if you clearly understand what it is that you hope to accomplish.

#### **The goals for these four sessions are:**

1. To help the person understand the basic truths that God's Word teaches us to live by.
2. To help the person put his/her faith in God's Word and learn to live by God's principles.
3. To help the person begin to develop a friendship with you and other Christians.
4. To move the person toward maturity and effective service for our Lord.

## SETTING UP YOUR FIRST APPOINTMENT

If you had the privilege of sharing the gospel and helping them come to personal faith in Christ as their Saviour, or if you have been given the name of someone to follow up, share how someone helped you to grow as a young Christian. Offer to help them grow. You could say, **“I am so happy that you have made this decision. It is important now that you learn to enjoy your new life to the fullest. Could we meet together in a few days to go over some truths that will help you live your new life in Christ”**”.

If they agree, set a definite date, time and place to meet. If they are not available for follow-up at this time, try to include them in your Life Group or other church activities. Let the person who gave you their name know of their decision. Be a friend. Pray for them regularly.

## DEVELOPING A GOOD RELATIONSHIP

A very important element in effective follow-up is the relationship you develop.

### **As a good friend:**

1. Show interest in your disciple:

- Use their name often, look at them and smile.
- Ask about their life and interests.
- Listen. Respond with interest when they talk.
- Discover what really concerns them.
- Be available to meet their needs if possible.
- Share how Jesus is relevant to their life.
- Accept them on the basis of love, not performance.
- Be enthusiastic about new truth they discover.
- Never show disapproval of any questions or answers.
- Speak well of others.

## 2. Share your life with your disciple:

- Share how Jesus is relevant in your life.
- Be a good example in all things.
- Be honest about your own needs.
- Be open to share how you are applying God's Word.
- Say that you don't know if you can't answer. Try to discover the answer together.
- Demonstrate your confidence in God.
- Be enthusiastic.
- Be a friend - spend time together outside your follow-up time. Do things you both enjoy.
- Pray for your disciple regularly.

## YOUR FOLLOW-UP SESSIONS

Be familiar with each session before you meet together. For effective follow-up, follow this simple outline.

1. Choose a place to meet that is convenient and free from distraction.
2. Greet each other. The first time you meet spend time getting acquainted. Ask about family, vocations, etc. Each week take time to show an interest in their life. Be sure to leave 30 minutes to go over the study.
3. Transition into the first session by saying, **“I’m glad we could meet together and get to know each other. As a young Christian, you will enjoy the things we will be learning. These sheets will help us to talk about the essential issues”**. For the following sessions introduce the topic by saying, **“This week we will be studying (read the title)”**. Share your appreciation of the importance of each session.
4. Each week bring your completed session and a new session for your disciple.

5. Discuss each point of the session.

- a. Take turns reading the lesson and the Bible verses. Verses in parenthesis should only be read if there is a question about the point being made.
- b. You may need to share your Bible in session one but encourage your disciple to bring a Bible to each session. If they do not have a Bible arrange to help them get one of their own. Help your disciple become familiar with the books of the Bible. Show them the table of contents and explain how the Bible is divided into books, chapters and verses. Be patient, let them find the verses on their own if possible.
- c. Stimulate discussion with additional questions such as:
  - What else do you see in this verse?
  - What do you think Jesus meant by \_\_\_\_\_?
  - How would you say this in your own words?
  - How does this affect us today?
  - Did you learn anything about yourself in this session?

### **ON YOUR OWN**

Encourage your disciple to complete the brief activities at home to reinforce the biblical principles taught in each session.

### **MEMORY VERSE**

Stress the importance of having God's Word in their hearts. Let them know that you will be having them repeat it to you from memory next session.

### **CLOSE**

At the end of Sessions 1,2, and 3 schedule the next time for your getting together.

**At the end of Session 4 read through Dynamic Discipling – An Opportunity and challenge them to go on to Dynamic Discipling**

Make arrangements for them to meet with their new discipler.

Present the **Certificate of Achievement** upon completion of Session 4. When appropriate, make this presentation at your Life Group (Small Group).

Close in prayer.